

# Forsyth County Community Emergency Response Team Training

The basic certification training for CERT is a 21-hour hands-on course. The training objective is **not to develop professional responders**, but rather to teach citizens basic response skills to use in their community, during an emergency or disaster, until professional responders arrive.

**The 21-hour training is divided into eight - 2 ½ hour per week sessions.**

**The course outline is as follows:**

Week	Unit	Unit Summary
<b>1</b>	1 – Emergency Preparedness	The role of CERTs in disaster response.
<b>2</b>	2 – Fire Safety	Basic fire suppression strategies.
<b>3</b>	3 – Emergency Medical Operations Part 1	Medical treatment & triage principles.
<b>4</b>	4 – Emergency Medical Operations Part 2	Head-to-toe assessments & treatment of specific injuries.
<b>5</b>	5 – Light Search & Rescue Operations	Techniques for size-up, search, rescue, & rescuer safety.
<b>6</b>	6 – CERT Organization 7 – Disaster Psychology	Team organization & documentation. Team well being & survivor trauma.
<b>7</b>	8 – Terrorism & CERT *Written Course Exam *	Awareness of terrorist threats & how to prepare.
<b>8</b>	***FINAL COURSE DRILL***	Field exercise using live scenarios.

**For Further Information Contact:**  
Winston-Salem/Forsyth County Office of  
Emergency Management  
(336) 767-6161

**CERT Web Sites:**

[www.citizencorps.gov/cert](http://www.citizencorps.gov/cert)

[www.cert-la.com](http://www.cert-la.com)